



Kroger  
Prescription  
Plans

## Flu & Shingles Vaccines at Kroger Owned Pharmacies for \$0 Copay

**To: All Participants in the Oregon Laborers-Employers Health and Welfare Trust Fund**

With the changing seasons and fall into full swing, the Trustees would like to ensure that you and your family remain healthy and productive.

To make it convenient, the Trustees have again decided to cover flu and shingles shots for all eligible members and dependents. The shingles vaccine is a 2-dose series, after the first dose you will need to follow up with the pharmacy within 2-6 months for the second dose. **Shingles Vaccines are restricted to individuals aged 50 years and older.** Simply present your KPP prescription ID card to the pharmacy and your copayment will be \$0.00.

There are no forms to submit and no need to wait for reimbursement. Get your vaccination today!

**IMPORTANT:** The current flu vaccine benefit through the Regence- administered medical plan is still applicable to flu shots obtained in a physician's office.

**Fred Meyer**

**QFC**  
Quality Food Centers